

COURSES & TRAINING

SEPTEMBER –JAN 2019

Communities for Work Plus (CFW+) offers support to all residents in Wrexham who are looking to get into employment, volunteering or training.

We are also able to offer in-work support to those on low incomes who are looking to upskill or retrain.

CFW+ is available across the whole of Wrexham; we have two teams, one based in Caia Park Partnership and one in the opportunities Centre in Plas Madoc.

You can be referred to the team through your work coach; agency or you can self-refer to the programme.

Contact the Team

For General enquiries, please email: cfw@wrexham.gov.uk or Telephone 01978 802418/820520

For courses, please call 01978 318853 / 820520

Caia Park Team

Blue Building
Caia Park Partnership Ltd
Prince Charles Road
Wrexham
LL13 8TH
01978 802418

Plas Madoc Team

The Opportunities Centre
Hampden Way
Acrefair
Wrexham
LL14 3US
01978 820520

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| Introduction to Ancestry | 09 September 1pm – 3pm | Chirk Library | Discover how to research family history and learn more about your local area. |
| Jam Making | 10 September 9.15am – 4pm | Bodfari (FREE transport included) | During this full day session you will pick your own berries and make them into delicious jam to take home with you. |
| Eat Smart Save Better (5Weeks) | 12 September 10am – 12pm | Plas Madoc Opportunities Centre | Fancy learning to cook healthy meals on a budget? This course is for you, You will also receive a recipe book and visual picture cards |
| Introduction to Spanish (8 Weeks) | 13 September 10am – 12pm | Brynteg Memorial Centre | Learn basic Spanish phrases during this 8 week course. |
| Introduction to Woodwork (3 Weeks) | 18 September 2pm – 4.30pm | Activity Centre, Cefn Mawr | Learn simple woodwork skills, making planters, bird boxes etc. from recycled wood. |
| Woodland Skills (5 Weeks) | 20 September 1pm – 3pm | Ty Mawr/Bodfari | A five week course aimed at adults wanting to improve their health and wellbeing – Free transport will be included to the session in Bodfari. |
| Basic Sign Language (10 Weeks) | 30 September 9.30am - 12.30pm | Acton community Resource Centre | No previous experience needed for this 10 week course which will teach you the basics of sign language. |
| Intro to Phone Photography (4weeks) | 03 October 12.30 – 2.30 | Hightown Community Resource Centre | Learn how to take beautiful images with your phone and learn how to edit them effectively, ideal for product & portraits. |

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| Bake & Take | 04 October 10am – 12pm | Llay Resource Centre | Make a variety of sweets then create beautiful packaging & boxes to take them home in. |
| Wood Land skills for families (4 weeks) | 07 October 3.30pm – 5pm | Ty Mawr/ Bodfari | A 4 week course aimed at families, includes a walk and then some simple craft work using natural materials, FREE transport will be included for the visit to Bodfari. |
| First Aid in the Work Place | 08 October 9.15am – 4.30pm | Brymbo Enterprise Centre | This accredited, interactive course will teach you all about first aid in the work place. |
| Recycled jewellery | 09 October 1pm – 3pm | Cefn Mawr Library | Learn how to create bespoke jewellery from recycled materials to take away home with you. |
| Introduction to Henna | 15 October 10am-12pm | Acton Community resource Centre | This interactive course covers the art of henna, you will learn how to apply Henna safely. |
| Intro to Cyber Security | 15 October 9.30 – 12.30 | Caia Park Partnership. | Learn about the safe use of the internet, includes cyberbullying, data security and social media. |
| Introduction to Ancestry | 15 October 1pm – 3pm | Rhos Library | Discover how to research family history and learn more about your local area. |
| Introduction to Photoshop | 17 October 9am – 4pm | Plas Pentwyn | Learn the basics of Photoshop during this session which covers, layers, creating a logo, and understanding the many tools Photoshop offers |
| Introduction to Graffiti Art | 17 October 10am – 12pm | Gwersyllt Resource Centre | Design, create and paint your own name plaques to take away home with you. |
| Introduction to Special FX Make Up. | 21 October 10-12 | Gwersyllt Resource Centre | Come and learn how to create special FX face & body art, including casualty simulation, horror makeup and how to apply prosthetics - just in time for Halloween |
| Halloween Face painting | 23 October 10am – 12pm | Hightown Community Resource Centre | Learn how to create some spooky face paintings just in time for Halloween. |
| Bake &Take | 06 November 10am – 12pm | Chirk Town Hall | Make a variety of sweets then create beautiful packaging & boxes to take them home in. |
| Make your own Bath Bombs | 07 November 10am – 12pm | Caia Park Partnership | Make and take away your own bath bombs, all materials are supplied. |
| Eat Smart Save Better (5 weeks) | 07 November 10am – 12pm | Pentre Gwyn Community Centre | Fancy learning to cook healthy meals on a budget? This course is for you, You will also receive a recipe book and visual picture cards |
| Recycled Jewellery | 12 November 1pm – 3pm | Rhos Library | Learn how to create bespoke jewellery from recycled materials to take away home with you. |
| Introduction to Graffiti Art | 21 November 12.30 – 2.30 | Plas Madoc Opportunities Centre | Design, create and paint your own name plaques to take away home with you. |
| Paediatric First Aid | 20 November 9.15 – 4.30 | Hightown Community Resource Centre | This accredited course is ideal for parents or those wanting to work with children. |
| Soap Carving | 22 November 10am – 12pm | Ruabon Library | 'A calm and relaxing workshop carving into regular blocks of soap. Curved organic shapes can be made or more realistic forms created |
| Ceramic Christmas Decorations | 26 November 1pm – 3pm | Rhos Library | Create, paint and take away your own Christmas decorations. |

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| Into to Mosaic | 03 December 10am-12pm | Brymbo Enterprise Centre | Learn how to do Mosaic and take away your own product at the end of the session. |
| Make your own Christmas Wreath | 04 December 9.30am – 11.30pm | Activity Centre, Cefn Mawr | This fun session teaches you to make your own Christmas Wreath to take away with you at the end of the session. |
| Christmas Crafts | 10 December 10am-12pm | Caia Park Partnership | Get your craft on at this fun session, you will be able to take away the products you have made – all materials supplied. |
| Make your own Christmas Wreath | 11 December 10am – 12pm | Gwersyllt Resource centre | This fun session teaches you to make your own Christmas Wreath to take away with you at the end of the session. |
| Make your own Christmas Decorations | 13 December 2pm – 4pm | Dorothy's tea rooms, Johnstown | Create your own bespoke Christmas decorations to take away with you. |
| Make your own Christmas Wreath | 16 December 1pm – 3pm | Chirk Library | This fun session teaches you to make your own Christmas Wreath to take away with you at the end of the session. |

Booking is essential on all courses, if you would like to book a place, please call a member of the team on 01978 318853 or 01978 820520

Spaces will be allocated on a first come first served basis.

Work Clubs & Digital Drop in Sessions

Open to all – Wherever you live. Work Clubs provide free Support for anyone looking for work.

- Meet our friendly and supportive staff
- Use a computer and get help if you need it
- Complete successful job searches
- Manage your Find a Job Account
- Get extra help with CVs and training needs
- Get help and assistance with your Universal Credit claims
- Communities for Work Plus work clubs are open to all and it does not matter if you are already on the work programme or are getting support from other projects. Just come along and have a cuppa and a chat with a cup of tea.

When

Every Monday
Every Tuesday
Every Tuesday
Every Wednesday
Every Thursday
Every Friday
Every Thursday
Every Friday
Daily

Where

Caia Park Partnership
Acton Community Resource Centre
Rhos Library
Brynteg Library
Caia Park Partnership
Cefn Mawr Library
Gwersyllt Resource Centre
Wrexham Library
Caia Park Partnership (Blue Building)

Time

1pm – 3pm
10am – 12pm
1pm – 3pm
10am – 12pm
10am – 12pm
1pm – 3pm
1pm – 3pm
10am – 12pm
10am – 12pm

Appointment only in Brymbo Enterprise Centre, Chirk Library, Llay Resource Centre and Ruabon Library

Essential Skills:

Age 16+.

Get help with Numeracy & Literacy (Basic English & Maths)

When

Every Wednesday (Term Time only)

Every Wednesday (Term time only)

Every Thursday (Term Time only)

Where

Plas Madoc Opportunities Centre

Caia Park Partnership

Brynteg Memorial Centre

Time

09:30am – 11:30am

10am – 12pm

9am – 11am